## DO IT ROW

# WE MUST COME TO THE REALIZATION THAT BAD HABITS ARE SIN

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- 1 Identify your bad habits or sin.
- 2 Learn what triggers or intensifies your bad habits.
- 3 Add some resistance to your habit or sin.
- 4 Change your mind or repent of the behavior.
- 5 Stop with the excuses.

Psalm 119:9 (NKJV)

"How can a young man cleanse his way? By taking heed according to Your word."

Psalm 119:11 (NKJV)

"Your word I have hidden in my heart, That I might not sin against You."

#### Proverbs 28:13 (NKJV)

"He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy."

#### Romans 12:1-2 (NKJV) "

I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

#### Galatians 2:20 (NKJV)

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."

#### Galatians 5:16-18 (NKJV)

"I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. But if you are led by the Spirit, you are not under the law."

#### 2 Peter 1:19-21 (NKJV)

"And so we have the prophetic word confirmed, which you do well to heed as a light that shines in a dark place, until the day dawns and the morning star rises in your hearts; knowing this first, that no prophecy of Scripture is of any private interpretation, for prophecy never came by the will of man, but holy men of God spoke as they were moved by the Holy Spirit."